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FOR IMMEDIATE RELEASE

Divorce Proofing Your Marriage: a Blueprint for Healthy Relationships **I Am Love Builders Hits Amazon's Hot New Release list during 1st week**

DENVER CO Sept 5, 2023 -- Love is a universal language spoken by us all, and yet many struggle to build and maintain strong, healthy relationships. A just released book by authors Casper and Cheryl Stockham, *I Am Love Builders: Divorce Proofing Your Marriage* is a blueprint for love and a step-by-step guide for transforming relationship struggles into victory. The **I Am Love Builders** blueprint is not another dry, self-help manual. Rather, it is infused with humor, heart, and a spirit of playfulness to help you become the Most Valuable Partner (MVP) in your relationship. This book is for people planning to marry, newlyweds, and couples who have been married for many years to strengthen their bonds and create an enduring marriage.

"Throughout the pages of this book, readers will discover the tools and strategies needed to become a **Love Builder**," says Casper Stockham. "Creating and sustaining healthy, fulfilling relationships requires the ability to overcome past traumas, master effective communication, and tackle the most common barriers that can thwart strong relationships."

I Am Love Builders delves into the intricate dynamics of a marriage, sheds light on common pitfalls, and offers guidance for maintaining a healthy relationship amidst the demands of everyday life. The wisdom in this book provides invaluable tools, concepts, and guidance for a "divorce-proof marriage" and love that can withstand the test of time.

According to Eric and Dr. Sakeisha Hylick, founders of Marriage Can Win, "This book serves as a beacon of hope and source of wisdom as couples navigate the beautiful and challenging terrain of marriage and embark on a journey toward a lifetime of love, joy, and fulfillment."

Cheryl Stockham adds, "Whether you are single, dating, engaged, married, or simply seeking to improve your connections with others, this book is for you." She continues, "We believe that everyone has the potential to become a Love Builder. We hope this book provides the inspiration and empowerment for you to create the loving and fulfilling relationships you deserve."

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About Casper and Cheryl

The Stockhams share their own 20 years of marriage experiences and insights on how to transform struggles into victories in relationships. **Love Builders** explores key components for successful relationships and provides practical tips and exercises the help build and maintain those relationships.

Casper served in the Us Air Force for 14 years as a weapons and communication specialist. For over 30 years, he worked in the Marketing and Direct Sales industries conducting personal and professional development seminars and training.

Cheryl has 30 years of administration, customer service, sales training, human resources, and management experience. She has 15 plus years of Direct Sales and marketing experience.

“We have a passion to help and encourage married couples and we continue to facilitate both in-person and virtual married couples’ groups. We will expand our teaching courses and establish workshops and retreats for married couples throughout the world.”

You can get a paperback, hard copy or kindle version of the book at Amazon (dot) com. You can also get a signed copy directly from the website. www.iamlovebuilders.com